

# Welcome



Cannabis Industry Experts Educating Without Bias.

## Terpenes Over THC.

### EDUCATIONAL GUIDE

Follow along online at [www.terpsluts.com/learn!](http://www.terpsluts.com/learn!)

V 1.0



# Cannabis 101

[www.terpsluts.com/learn](http://www.terpsluts.com/learn)



## THE PLANT

Cannabis, a plant that originated in central Asia, has been utilized for its healing properties for thousands of years. This ancient herb has a rich history, with Emperor Shen Nung, often referred to as the “Father of Chinese Medicine,” being one of the earliest proponents of its medicinal benefits. He attributed his success in treating various ailments to cannabis as an alternative medicine, showcasing its significance in traditional healing practices.

Interestingly, Shen Nung is also credited with introducing acupuncture, further emphasizing his impact on holistic health approaches. The versatility of cannabis extends beyond medicinal uses; it belongs to the same plant family as hops, which is the primary ingredient used in brewing beer. This botanical connection highlights the diverse applications and historical importance of cannabis throughout human civilization.



## THE CULTURE

Promoting understanding, creativity, and connection is essential in any community. When individuals come together with a shared interest, such as in creative or therapeutic environments, it fosters a sense of comradery that transcends individual differences. This gathering of diverse personalities not only enriches the experience but also cultivates an atmosphere where everyone feels valued and heard.

Creating supportive spaces for all walks of life is crucial to this endeavor. It’s important to focus on both physical and mental health, ensuring that activities encourage well-being rather than merely seeking temporary highs. By prioritizing holistic wellness, communities can nurture genuine connections among members while promoting personal growth and creativity. In these environments, individuals are empowered to care for one another, leading to deeper relationships and a stronger collective identity. The person who serves you at a cannabis dispensary and helps guide you towards the right product.



Scan the QR  
above for more  
online resources!

# Cannabis 101

[www.terpsluts.com/learn](http://www.terpsluts.com/learn)

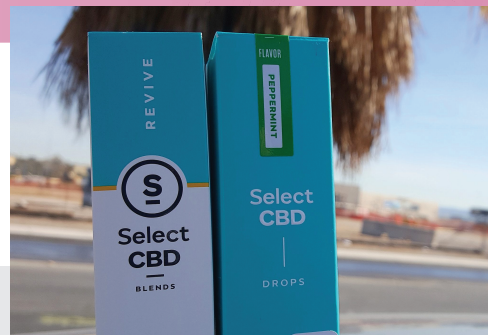


## THE BENEFITS

The search for holistic alternatives to traditional medications has led many to explore the medicinal benefits of cannabis. This plant offers a wide variety of therapeutic properties, ranging from an effective alternative to ibuprofen for pain relief to providing anti-seizure support for those with epilepsy. Additionally, emerging research suggests that certain compounds found in cannabis may possess cancer-fighting properties, making it a promising option for patients seeking complementary treatments.

In terms of safety, cannabis presents a compelling case when compared to alcohol. Statistics show that there are significantly fewer deaths attributed to cannabis consumption than alcohol-related incidents. One of the key advantages is the absence of overdose risk associated with cannabis; unlike alcohol, which can lead to fatal consequences when consumed in excess, cannabis use does not carry the same life-threatening potential. This makes it an appealing choice for individuals looking for safer alternatives in managing their health and well-being.

Scan the QR  
above for more  
online resources!



## CLASSIFICATIONS

### INDICA

Varieties of cannabis originating in the mountainous regions that grow with a short, bushy stature and large, thick leaves. Indica plants have a shorter flowering cycle than their sativa counterparts and are generally appreciated for their deeply relaxing effects.

### HYBRID

A classification of cannabis genetics that feature both indica and sativa genetics. These cultivars offer a balance between relaxing and uplifting effects.

### SATIVA

Varieties of cannabis originating in warmer equatorial regions that grow tall and skinny in stature with long, thin leaves. Sativa strains have a longer flowering cycle than their indica counterparts and are appreciated for their uplifting effects.

# Terminology

[www.terpsluts.com/learn](http://www.terpsluts.com/learn)



## **BUD**

A nickname for cannabis flower. It refers to the bulbous flowers that are dried, cured, and smoked.

## **BUDTENDER**

The person who serves you at a cannabis dispensary and helps guide you towards the right product.

## **CANNABINOIDS**

A group of natural chemical compounds produced by the cannabis plant that give cannabis its range of physical and mental effects.

## **CAREGIVER**

A person who is registered with their state and can help purchase and administer medication to a patient.

## **CERTIFICATE OF ANALYSIS**

A COA is a document provided by a third-party that analyzes the compounds found in cannabis. This document outlines the strains compounds, the pesticide residue, microbials, and heavy metals.

## **CLONES**

Clones are clippings from cannabis plants that are used as starter plants. They are identical genetic replicas from the plant they were taken from. They ensure the sex of the plant.

## **COLA**

This is a term for the main flowering cluster on the top of a cannabis plant.

## **CULTIVATION**

The facility in which the growing, trimming, and packaging of cannabis flower takes place. This can be done through either indoor, outdoor, or greenhouse growing methods. An agent card is required.

## **DAB**

A dab is the process of heating an extracted form of cannabis on surface such as a nail or banger. Alternate term for an extract.

# Terminology

[www.terpsluts.com/learn](http://www.terpsluts.com/learn)



## DECARBOXYLATION

The process of exposing cannabis flower to heat or light to activate the cannabinoids.

## DISPENSARY

The facility in which a customer or patient can access legal cannabis safely. These are usually medical and/or adult-use depending on licensing.

## DISTRIBUTOR

The party responsible for transporting cannabis supplies and products to processing facilities and/or dispensaries. An agent card is required.

## ENTOURAGE EFFECT

A term used to describe the synergy of cannabinoids and terpenes combined to create the full cannabis experience.

## EXTRACT

Made by concentrating the resinous oils of the plant. These products contain the concentrated profile of the plant's cannabinoid and terpene content. Clean taste without plant matter.

## FLAVINOIDS

A naturally occurring compound found in many plant products. Flavonoids contribute to the unique flavors of cannabis. Little is known on these compounds.

## FULL SPECTRUM

Products made by extracting all of the components of the actual cannabis plant including cannabinoids, terpenes, and flavonoids.

## KIEF

A collection of the plant's resin glands, known as trichomes. Kief falls off the plant when it is agitated.

# Terminology

[www.terpsluts.com/learn](http://www.terpsluts.com/learn)



## PROCESSOR

The facility in which the extracting, processing, and packaging of cannabis extracts takes place. This can be done through either distillation, hydrocarbon, CO2, or solventless extraction methods. An agent card is required.

## RSO

Short for Rick Simpson Oil – Is a sticky concentrated cannabis oil that is typically consumed orally. Used for treating cancer.

## STRAIN

A plant variety that has been developed for cultivation using selective breeding to emphasize characteristics like their smell, flavor, and chemical profile.

## TERPENES

Terpenes are a diverse group of organic compounds produced by plants. Terpenes give cannabis its variety of aromas and flavors as well as modulate the effects of cannabinoids.

## TRICHOMES

Translucent mushroom-shaped glands on the cannabis plant that are sticky to the touch and give the plant its frosted white appearance. Barely visible to the human eyes.

*Scan the QR  
above for more  
online resources!*

# Cannabinoids

[www.terpsluts.com/learn](http://www.terpsluts.com/learn)



Tetrahydrocannabinol, or THC, is the most well-known cannabinoid. It is the primary psychoactive compound found in cannabis. This gives you the classic "high" and munchies.

**THC**

**CBD**

Cannabidiol is one of the most abundant compounds in cannabis, and can be extracted from hemp as well. CBD is known to have many therapeutic benefits for humans and animals.

Non-Psychoactive | Anti-Inflammatory | Memory Recognition  
Anti-Nausea | Arthritis Relief | Nuerodegenerative Disease Relief

**THCa**

**CBDa**

Non-Psychoactive | Anti-Nausea | Antioxidant | Antibacterial  
Anti-Inflammatory | Cancer-Fighting Potential | Supports Healthy Digestion

Psychoactive | Rare to Isolate | Stress Relief  
Anti-Anxiety | Appetite Suppressant | Improve Focus

**THCv**

**CBN**

Non-Psychoactive | Analgesic | Antioxidant  
Anti-Anxiety | Anti-Inflammatory | Anti-Convulsion

Psychoactive | "THC Jr." | Anti-Anxiety  
Antibacterial | Anti-Inflammatory | Pain Relief

**D8-THC**

**CBC**

Non-Psychoactive | Antioxidant | Antibacterial  
Anti-Inflammatory | Anti-Fungal | Depression | Sedative

Psychoactive | Antibacterial | Anti-Inflammatory  
Increased Appetite | Euphoric | Improved Sensory Perception

**D9-THC**

**CBGa**

Non-Psychoactive | Analgesic | Antibacterial  
Anti-Inflammatory | Anti-Proliferative | Cardiovascular Disease Relief

# Terpenes

[www.terpsluts.com/learn](http://www.terpsluts.com/learn)



## δ-LIMONENE

UPLIFTING, ANTI-CANCER, ANTI-DEPRESSANT,  
NAUSEA RELIEF, DIGESTION

## β-CARYOPHYLLENE

ANTI-INFLAMMATORY, ARTHRITIS RELIEF,  
AUTOIMMUNE SUPPORT

## TERPINOLENE

ANTI-BACTERIAL, ANTI-FUNGAL,  
ANTISEPTIC, FOCUS, STRESS RELIEF

## β-MYRCENE

ANTI-BACTERIAL, RELAXATION,  
SEDATIVE, PAIN RELIEF

## β-OCIMENE

UPLIFTING, ANTI-FUNGAL,  
ANTI-CONVULSANT, "ENHANCER"

## α-BISABOLOL

ANTI-INFLAMMATORY, ANTI-IRRITANT,  
ANTI-MICROBIAL

## α-HUMULENE

ANTI-BACTERIAL, ANTI-INFLAMMATORY,  
APPETITE SUPPRESSANT

## LINALOOL

ANTI-ANXIETY, ANTI-EPILEPTIC,  
ANTI-DEPRESSANT, PAIN RELIEF

## NEROLIDOL

ANTI-MICROBIAL, ANTI-OXIDANT,  
ANTI-PARASITIC

## CAMPHENE

ANTI-OXIDANT, SKIN LESION, STRESS RELIEF

## α-PINENE

ANTIBIOTIC, FOCUS, UPLIFTING, ENERGIZING

## β-PINENE

ANTI-MICROBIAL, FOCUS, RELAXING,  
MOOD BOOST





# Products & Consumption



[www.terpsluts.com/learn](http://www.terpsluts.com/learn)

## flower

Scan the QR  
for more  
online resources!

### Product

- Premium/A
  - Best buds, typically formed on the cola of the plant
- Small/Popcorn/B
  - Smaller buds, formed on the lower stalk of the plant
  - Typically the size of an M&M to a nickel
- Shake/Trim (Select Grind)
  - Sugar leaves, still potent just lacks the oils contained in the buds
  - Typically used for extraction and edibles

### Consumption

- Inhalation consumption
- Immediate on-set for effects
- Glass/Silicone
  - Bong, Pipe, Bubbler
- Paper/Leaf
  - Pre-Rolls, Joints, Blunts
- Vaporize
  - Home (Vaporizer), Mobile (Pen)

## extract

### Product

- Distillate - low end
  - Extracted THC from cured flower material. Stripped of everything but cannabinoids, mostly used to collect THC oil. Used in vapes, edibles, topicals, & tinctures.
- Cured Resin - value quantity
  - Extracted oils from cured (dry) flower material using solvents
    - Propane, Butane
  - Badder, Budder, Sugar, Crumble, etc.
- Live Resin - value quality
  - Extracted oils from live (wet) flower material using solvents
  - Often fresh frozen product
    - Propane, Butane
  - Badder, Budder, Sugar, Crumble, etc.
- Rosin/Live Rosin - high end
  - Extracted oils from cured or live flower material without using solvents
  - Typically a dry badder or crumble

### Consumption

- Inhalation consumption
- Immediate on-set of effects, heavily concentrated
- High Temp/Combustion
  - Torch & Banger
  - E-Nail
- Low Temp/Vaporize
  - Nectar Collector
  - E-Nail
  - E-Rig
  - Vape Pen/Cartridge
- Infuse
  - Enhance flower consumption by sprinkling in an extract

# Products & Consumption



[www.terpsluts.com/learn](http://www.terpsluts.com/learn)

## *edible*

### Product

- Gummies & Chocolates & Chews
  - Typically a 10mg serving size, sold in packages of 100mg
- Beverages
  - Typically 100mg in a package, serving size varies per product

### Consumption

- Oral consumption
- On-set can be 2-4 hours (1st time consuming edibles, be patient. Including long-time smokers, edibles are digested and processed differently by our bodies and results vary person to person)
- Effects can last up to 24 hours depending on dosage

## *tincture*

### Product

- More common in CBD products
- Lotion
- Balm
- Transdermal Patches
- Other items that are applied to the skin

### Consumption

- Application via the skin
- On-set can be 2-4 hours

## *topical*

### Product

- Tincture – processed with alcohol

### Consumption

- Oral consumption
- Typically used to infuse meals or beverages. Or can be held in mouth under the tongue for 5-10 minutes.

*Scan the QR  
above for more  
online resources!*